



# Shabbat Seder

Sabbath Evening Service

Exodus 20:8

Remember the Sabbath to keep it Holy.

Leviticus 23:2-3

“Speak to the children of Israel, and say to them: ‘The feasts of the Lord, which you shall proclaim to be holy convocations, these are My feasts. ‘Six days shall work be done, but the seventh day is a Sabbath of solemn rest, a holy convocation. You shall do no work on it; it is the Sabbath of the Lord in all your dwellings.

This day is a moed - an appointment with God.

It is a day to set aside our work and play to have a mikrah kodesh - a solemn assembly to worship Yeshua and to study Torah.



## Had'laqat haNeirot

### Kindling the Lights

The Wife lights the candles just as God chose another woman, Mary, to bring forth "The Light of the World"

#### Creation (the first candle)

**T**his candle represents creation. In the beginning God created the heavens and the earth...And God said, 'Let there be light' and there was light." — Genesis 1:1,3.

#### Redemption (the second candle)

**T**his candle represents redemption. Yeshua said, "I am the Light of the World. Whoever follows Me will never walk in darkness, but will have the light of life." — John 8:12.

The woman may now wave her hands toward herself from the light welcoming the Shekinah presence of G-d as she recites the blessing.

**B**aruch atah Adonai Eloheynu melech ha-olam, asher kid-shanu b'mitz-votav, v'tzinvanu lehiyot or le-goyim v'natan-lanu et Yeshua Meshicheinu or ha-olam.

**B**lessed are You, LORD our God, King of the universe, Who sanctified us with his commandments, and commanded us to be a light to the nations and Who gave to us Jesus our Messiah the Light of the world.

II.

## שבת תפילת

### Preparation Prayer

The Wife recites the opening prayer

**H**eavenly Father, we thank you for the blessings of your Rest and peace this evening. Holy Spirit, be with us as we partake of this Shabbat. Fill our hearts and minds with your shalom, your peace that surpasses all understanding. Guide each of us that we may bless one another with our words and actions. We ask your blessing over our home and family. Pour out your Spirit upon us as we partake of your Shabbat, your rest.

**M**ay our home, our hearts and our minds be used by you to bring the news that your Messiah has come, has risen and will come again! In the name of Yeshua Ha Mashiach we pray. Amen

VII.

## שבת ארוחת ערב

### Shabbat Meal

Dinner is served.

VIII.

## ברכות

### Bir'chat HaMazon

## Grace after the Meal

After the meal and before departing these verses are read in unison or by someone in the group.

Deuteronomy 8:10-14

**W**hen you eat and are full, you will praise the Lord your God for the good land He has given you. "Be careful that you don't forget the Lord your God by failing to keep His command - the ordinances and statutes - I am giving you today. When you eat and are full, and build beautiful houses to live in, and your herds and flocks grow large, and your silver and gold multiply, and everything else you have increases, be careful that your heart doesn't become proud and you forget the Lord your God who brought you out of the land of Egypt, out of the place of slavery.

Recite the final blessing after the meal.

**B**lessed are you, LORD our God, king of the universe, Who nourishes the whole world in goodness, with grace, kindness, and compassion. He gives bread to all flesh, for His mercy endures forever. And through His great goodness we have never lacked, nor will we lack food forever, for the sake of His great Name. For He is God, who nourishes and sustains all, and does good to all, and prepares food for all His creatures which He created. Blessed are You, LORD, who nourishes all.

**A**men.

**B**arukh attah Adonai eloheinu melekh ha-olam, asher kiddeshanu bemitzvotav vetzivanu al netilat yadayim.

**B**lessed art thou, Lord our God, Master of the universe, who has sanctified us with your commandments, and commanded us about the washing the hands.

**W**e dedicate our hands and ourselves to you. Fill us up with Your Holy Spirit that we may live Your way and reflect Your Truth and Your Life.

After this blessing is recited, it is customary for each person to pour water for the washing of hands for the one next to them starting with the one reciting the blessing.



VI.

המוציא לחם

## HaMotzi Lechem

Blessing over the bread

**I**n Leviticus 24:5-9 bread was to be set on the alter each Shabbat as an everlasting covenant. The two loaves represent the double portion of manna which God provided to the Israelites in the desert on the sixth day - the double portion is a symbol that the one who observes the sabbath will not lose out because of his observance.

**T**he bread represents Jesus, the bread of Life, who gives us our spiritual rest. Jesus said "I am the living bread that came down from heaven. If anyone eats of this bread he will live forever. This bread is my flesh which I will give for the life of the world." \_John 6:51

**B**arukh attah Adonai eloheinu melekh ha-olam, ha-motzi lechem min ha-aretz.

**B**lessed art Thou, LORD our God, King of the universe, who brings forth bread from the earth.

After one of the loaves is distributed to everyone. It is customary to dip the slices into some salt just as the Sacrifices in the Temple were salted before being consumed (Leviticus 2:13).

III.

ברכות

Bir'chot (blessings)

Blessing for the Wife

It is customary for the husband to recite

**Eshet Chayil**

Woman of valor (Proverbs 31:10-31)

**E**shet chayil mi yimtza v'rachok mip'ninim michrah  
A woman of valor, who can find? Her value is far beyond pearls.

Batach bah lev ba'lah v'shalal lo yechar

Her husband's heart relies on her and he shall lack no fortune.

G'malathu tov v'lo ra kol y'mei chayeiha

She does him good and not evil, all the days of her life.

Darshah tzemer ufishtim vata'as b'chefetz kapeiha

She seeks wool and flax, and works with her hands willingly.

Haitah ko'oniyot socher mimerchak tavi lachmah

She is like the merchant ships, she brings her bread from afar.

Vatakom b'od lailah vatiten teref l'vetah v'chok

l'na'roteiha

She arises while it is still night, and gives food to her household and a portion to her maidservants.

**L**ord, I thank You for the blessing of this woman to me. I ask that You bless her. Remove all fear and doubt from her heart and mind. Grant her Your shalom, Your peace that surpasses all understanding. I ask that You guide her steps and guard her path. Let her know that I am committed to You, and I am committed to her. In the name of Yeshua the Messiah I pray. Amen.

The Wife recites the

## Blessing for the Husband

Psalm 112

**H**allelujah! Happy is the man who fears the Lord, taking great delight in His commandments. His descendants will be powerful in the land; the generation of the upright will be blessed. Wealth and riches are in his house, and his righteousness endures forever. Light shines in the darkness for the upright. He is gracious, compassionate, and righteous. Good will come to a man who lends generously and conducts his business fairly. He will never be shaken. The righteous will be remembered forever. He will not fear bad news; his heart is confident, trusting in the Lord. His heart is assured; he will not fear. In the end he will look in triumph on his foes. He distributes freely to the poor; his righteousness endures forever. His horn will be exalted in honor.

**L**ord, I thank You for the blessing of this man to me.  
I ask that you bless him, remove all fear and doubt from his heart and mind and grant him Your shalom, Your peace that surpasses all understanding. In the name of Yeshua the Messiah I pray. Amen.

The Father recites the  
**Blessings for the Children**

Blessing for sons:

**Y**esimkha Elohim ke'efrayim ve'khimnasheh.  
May God make you like Ephraim and Manasseh.

Blessing for daughters:

**Y**e'simech Elohim ke-Sarah, Rivka, Rachel ve-Leah  
May God make you like Sarah, Rebecca, Rachel and Leah.

The Father may pray for each of them individually or jointly

**L**ord, I thank you for the blessing of this child. I ask that You fill him/her with Your Holy Spirit and guard his/her footsteps. I ask that You guard his/her path and protect him/her. I ask that You build his/her character in Your likeness, in truth, honor and light. I ask that You remove fear from this child and fill him/her with Your Holy Spirit. In the name of Yeshua the Messiah I pray, Amen



Blessing for family and friends:

**E**varekhekha Adonai veyishmerekha,  
Ya'eir Adonai panav eleykha vichuneka,  
Yissah Adonai panav eleykha,  
V'yeseim lekha shalom.

**M**ay God bless you and keep you,  
May he make His face shine on you and be gracious unto you,  
May He lift up His countenance upon you and give you His peace.



IV.

קידוש

**Kiddush**

Lifting the Cup of Salvation

**T**he wine symbolizes Yeshua's shed blood. In Matthew 26:27, Yeshua took the cup, gave thanks and offered it to them saying, "Drink from it all of you. This is my blood of the covenant, which is poured out for many for the forgiveness of sins."

**B**aruch atah Adonai Eloheynu melech ha-olam, borei p'ri ha-gafen ha'amitit – Yeshua hamashiach.

**B**lessed are You, LORD our God, King of the universe, Who creates the true fruit of the vine - Yeshua.

V.

נטילת ידיים

**Netilat Yadayim**

Washing the Hands for Shabbat

**W**ater is used figuratively throughout scripture to represent the Ruach Ha Kodesh – Holy Spirit.

Isaiah 44:3

**F**or I will pour water on the thirsty land, and streams on the dry ground; I will pour out My Spirit on your descendants and My blessing on your offspring.

Isaiah 12:3

**Y**ou will joyfully draw water from the springs of salvation.

John 7:37-39

**O**n the last and greatest day of the feast, Jesus stood and cried out, saying, "If anyone thirsts, let him come to Me and drink. He who believes in Me, as the Scripture has said, out of his heart will flow rivers of living water." But this He spoke concerning the Spirit, whom those believing in Him would later receive.